

Healing Hands, Indominable Spirit



I firmly beliere, if you do not make time for wellness, you will be forced to make time for illness."

A TESTAMENT TO THE POWER OF

resilience, the art of caregiving, and the firm belief that helping others is the greatest calling of all, Whitney Lloyd, FNP-C, MSN, with Renew Specialty Group in Cornelius, is not only a caregiver and a healer, but she has dedicated her life to lifting others—one patient, one moment, one act of compassion at a time. Through all of life's trials and triumphs, she's learned that true healing isn't just about medicine—it's about kindness, connection, and an indomitable spirit that refuses to waver.

Born and raised in Minnesota, Whitney moved to Charlotte in 2010 after earning her RN degree. Initially, her plan was to explore different coasts two years on the East, two on the West—before returning to the Midwest. But Charlotte had other plans. "It quickly became home," she recalls, reflecting on the unexpected roots she planted in the Queen City.

Whitney's journey into healthcare was anything but ordinary. Her early years in nursing were spent in the high-stakes environment of emergency medicine. Eager to expand her knowledge and career, Whitney pursued further education at Queens University while continuing her ER work. She later earned a Master of Science in Nursing through the Family Nurse Practitioner (FNP)

> program at the University of North Carolina at Charlotte.

With a passion for functional, regenerative, and anti-aging medicine, Whitney found her true calling and became a part of the Renew Specialty Group team where she works alongside husband-and-wife team Dr. Micah and Dr. Coral Kirscher, DNP, FNP-C, to help patients learn the importance of preventative care.

"Over the years," Whitney shares, "my experiences in the ER have

provided invaluable insight into critical care. However, they have also illuminated the need for a shift in our healthcare model-one that prioritizes prevention over reaction. I firmly believe, if you do not make time for wellness, you will be forced to make time for illness. This philosophy inspired me to broaden my scope of practice by joining Renew Specialty Group. Here, I can empower patients with alternative options and adopt a more holistic, functional medicine approach-focusing on proactive health and wellness."

Life hasn't been without its challenges, but Whitney has been able to navigate the tough times, adjust her sails, and learn from what life puts in front of her. The passing of her father was a profound turning point, forcing her to navigate grief while finding her own inner strength. "Losing him made me question my faith," she admits, "but it also taught me about renewed faith, gratitude, resilience, and the importance of leaning on others."

Through it all, Whitney remains committed to her mission: guiding patients toward better health, not just through treatment but through education and prevention. Whether she's solving complex patient cases or simply calling her mom to say, "I love you," she believes in the power of small, intentional actions. "Everyone is different with their own set of challenges," she says, "and I like to get to know people on a personal level ... to make a sincere connection. Each patient is a unique puzzle, and I'm honored to be part of their journey to wellness."