

Anti-Aging AND LONGEVITY MEDICINE



A Q & A WITH DR. CORAL KIRSCHER

What is Anti-Aging/Longevity Medicine?

It treats the underlying causes of aging and aims at alleviating any age-related ailment. Its goal is to extend the healthy lifespan of humans having youthful characteristics. Often, the best way to manage a problem is to start at its source. Take, for example, aging. We know that aging occurs at the cellular level, beginning with each cell in the human body. It also comes with unfavorable symptoms like low energy, aches and pains, memory loss, and often sexual dysfunction. Therefore, the best way to deal with the common effects of aging is by using advanced, effective, and safe regenerative protocols that promote cellular health.

What are some examples of anti-aging treatments?

It's a diverse and growing medical field ... there are many products, programs, medications, procedures, and supplements, so do your research. As an example, we offer our patients medical aesthetics, including prescription compounded personal skin care products; memory enhancement options; Bioidentical Hormone Replacement Therapy; weight loss; hair restoration; and stem cell therapy, among others.

What are some of the benefits of anti-aging programs?

We see an array of improvements in our patients. Not only do we see their lives in general getting better, but brain fog is reduced and memory is enhanced; patients achieve a more youthful appearance; muscle tone and strength are improved (aiding in faster recovery times); anti-aging treatments prevent chronic disease, increase energy levels, and promote DNA repair.

What about oral supplements?

We recommend injections or IV since oral supplements DO NOT provide the same benefits as injections or IV. Don't be fooled by the claims of supplemental companies advertising otherwise. We have found these claims to be 100 percent false.

What is NAD?

Nicotinamide Adenine Dinucleotide (NAD) is a coenzyme central to metabolism. Found in all living cells, it reduces vascular aging which helps on a number of levels:

- Reduces the risk of chronic disease and boosts your overall health and wellbeing
- Increases the youthful appearance of skin; improves hair and nails
- Turns food into energy which protects cells and regulates circadian rhythm
- Protects the brain, reduces brain fog, and increases mental reflexes
- Helps you think more clearly for better decision-making skills and faster mental reflexes
- Helps blood vessels and muscles communicate to help increase muscle building and recovery
- Increases metabolism and aids in weight loss
- Boosts the "happy hormone" serotonin which reduces anxiety, bipolar disorder, depression, and insomnia
- Helps restore cognitive function in patients with Alzheimer's

LKN EXPERT



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