

TEQUILA

DRINKS

BLANCO

Exotico 4.5
Lunazul 5.5
1800 6
Cabo Wabo 4.5
El Mayor 6.5
Espolon 6.5
Corralejo 7.5
Tres Agaves 7.5
Hussongs 7.5
Herradura 8.5
Patron 9.5
Don Julio 9.5

REPOSADO

Exotico 5
Lunazul 6
1800 7
Cabo Wabo 7.5
El Mayor 7.5
Espolon 7.5
Hornitos 7.5
Corralejo 7.5
Hussongs 7.5
Tres Agaves 7.5
Casamigos 8
Herradura 9.5
Patron 10.5
Cincoro 18

ANEJO

Espolon 8
Cabo Wabo 8.5
El Mayor 8.5
Tres Agaves 8.5
Hussongs 8.5
Corralejo 8.5
Casamigos 9
Corzo 9
Patron 11.5
Cincoro 23
MEZCAL
Monte Alban 7
Casamigos 8.5

MARGARITAS

House Margarita
Rocks or frozen
Small 5.5
Medium 8.95
Jumbo 13.95
add a flavor .75 – strawberry,
mango, peach, raspberry, passion
fruit, banana, watermelon,

Cadillac Margarita
1800 reposado, agave nectar, and
Grand Marnier.
Medium 13.95
Jumbo 21.95

Mangonada
Frozen, refreshing and spicy blend
of mango and chili flavors with
Tejin on the rim. 9.95

Beer-rita
A frozen medium margarita topped
with a mini Corona. 10.95

Michelada
Our signature michelada made
with a clamato, lime juice, a hint of
hot sauce and other spices to give
it a kick! 9.95

WINES (VINOS) 6.00
Pinot Grigio
Cabernet
Chardonnay

HORCHATA
regular 3
grande 5

JAMAICA
regular 3
grande 5

PEPSI PRODUCTS 3

JARRITOS 3

SANGRIA SODA 3

MEXICAN COLA 3



MEXICAN BEER 5

Corona, Modelo, Modelo Negra, Dos Equis Lager, Dos Equis Amber, Pacifico, Bohemia, Sol, Victoria

DOMESTIC BEER 4

Bud Light, Bud Select, Budweiser, Michelob Ultra, Miller Lite

DRAFT BEER

Dos Equis Amber, Modelo Especial,
Seasonal Draft (ask your server)

CAUTION All plates are hot.

Consuming raw or undercooked meats, poultry, Seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. We are not responsible for lost or stolen articles left on tables.

LA TACO CANTINA

MARYLAND HEIGHTS

KIDS

7.00

Kids Taco

Chicken or Beef taco with
lettuce, cheese and side of fries

Kid Nachos

Tortilla Chips topped with
queso. Served with fries

Kid Quesadilla

cheese quesadilla with side of
fries

Kid Walking Taco

Frito chips topped with ground
beef, lettuce and cheese.
Served with fries

11429 Dorsett Rd,
Maryland Heights,
MO 63043

314-279-1555
latacocantinamo.com

KUNA

APPETIZERS

Queso Dip

Chips with our homemade queso.
Small 4, Large 7, add chorizo 1.25

Guacamole Dip

Chips with our homemade guacamole.
Small 4.5, Large 8

Pretzel Sticks

Pretzels with queso dipping sauce. 8.5

Asada & Fries

Seasoned steak and French fries. Topped with pico de gallo, mozzarella cheese, chipotle ranch and sour cream. 12

Flautas

Four flour tortillas stuffed with chicken tinga, carnitas or beef. Served with lettuce, pico and sour cream. Chipotle ranch and cotija cheese on top. 12

Chicken Wings

1LB of chicken wings served with choice of buffalo, mango habanero, or dry rub. 14

NACHOS

Nachos with Queso 8.00

Nachos with Queso Dip and refried beans 8.5

Nachos Fajita Style

Served with choice of meat, fajita peppers, onions and queso dip
Chicken, Chorizo or Carnitas 13.00
Steak 14.00
Shrimp 15.00

Nachos Supreme

Choice of Beef, Chicken Tinga, Chorizo. Served with choice of meat, queso dip, refried beans, lettuce, pico de gallo, jalapeños and sour cream. 13

SOUPS & SALADS

LA Taco Salad

Chicken Tinga or Beef
Tortilla bowl with lettuce, choice of meat, mixed cheese, tomato and side of chipotle ranch. 12.5

Caldo de Pollo (chicken soup)

Chicken soup cooked with onions, pico, garlic, carrots, potatoes. Served over Mexican rice with corn tortillas 10

Caldo de Camaron (shrimp broth soup)

Shrimp soup cooked with onions, pico, garlic, carrots, potatoes. Served over Mexican rice with corn tortillas. 12

Caldo de Pescado (fish)

Tilapia soup cooked with onions, pico, garlic, carrots, potatoes. Served over Mexican rice with corn tortillas. 12

Caldo de Pescado y camarones (fish & shrimp)

Tilapia and shrimp soup cooked with onions, pico, garlic, carrots, potatoes. Served over Mexican rice with corn tortillas. 14

Consome de Borrego (Lamb consome soup)

Lamb barbacoa soup with garbanzo beans and carrots. Served with corn tortillas, limes, cilantro, onion, salsa verde and dry chiles de arbol. 12.5

DESSERT

Tres Leches Cake

Homemade cake. Topped with dulce de leche 6.5

Churro Waffles

Fried waffle tossed in cinnamon sugar. Topped with ice cream, chocolate, caramel and powdered sugar. 7.5

Sopapillas

Tortillas tossed in cinnamon sugar. Served with ice cream, chocolate sauce and honey. 6.5

Flan Cheesecake

Homemade Mexican cheesecake. Topped with caramel sauce. 6.5

LUNCH SPECIALS

11:00 – 3:00pm

Huevos con Chorizo (eggs & chorizo)

Scrambled eggs mixed with chorizo. Served with Mexican rice, refried beans and corn tortillas. 8.5

Breakfast Burrito

Chorizo or carnitas with scrambled eggs, seasoned potatoes and mixed cheese. Pico, sour cream and salsa on the side. 12.5

Chorizo Hash and Eggs

Seasoned potatoes, chorizo, peppers and onions. Topped with avocado and two fried eggs. Served Mexican rice, refried beans and corn tortillas. 12.5

Breakfast Tacos

Two tacos with chorizo or Carnitas, scrambled eggs, seasoned potatoes, mixed cheese and roasted tomato salsa. 11

Chilaquiles

Chips tossed in or roasted tomato salsa. Topped with mixed cheese, fried egg and sour cream drizzle. Mexican rice and refried beans on the side. 11.5

WEEKEND SPECIALS

Pollos al Carbon (smoked chicken)

Whole chicken marinated in adobo and cooked on a wood charcoal. Served with lettuce, pico, guacamole, salsa Verde, salsa de arbol, tortillas, chiles toreados, grilled onions. Served with rice and refried beans 25
Chicken only 18

Costillas Ahumadas (smoked ribs)

Slow cooked, smoked and glazed with BBQ sauce. Served with fries or salad mix
Full slab 30, Half slab 17

Alitas de Pollo al Carbon (smoked chicken wings)

10 smoked chicken wings tossed in mango habanero and side of chipotle ranch 15

SIDES

Mexican Street Corn

Fresh fire roasted corn sautéed in butter and topped with lime creme, cotija cheese and ancho chili seasoning. 4.5

Cantina Veggies

Sautéed zucchini, squash, onions and peppers. 4

Chorizo Hash

Seasoned potatoes, tossed with chorizo, peppers and onions. 4.5

Mexican Rice

Our homemade rice infused with flavor. 3

Refried Pinto Beans

Slow cooked and delicious. 3

Side Fries

Seasoned with dry rub. 4



BURRITOS

Traditional Burrito
Beef or shredded chicken tinga with rice and refried beans. Pico, sour cream and guacamole on the side. 13

Kitchen Sink Burrito
A huge burrito stuffed with chorizo, beef, carnitas, fried egg, rice, refried beans and queso. Topped with enchilada sauce, melted cheese and a scoop of guacamole! 15.5

Birria Burrito
A flour tortilla filled with barbacoa lamb, mozzarella cheese, refried beans and rice. Consommé dipping sauce, cilantro onion, and salsa Verde on the side. 16

Chicken Avocado Burrito
A flour tortilla stuffed with fried chicken, lettuce, Pico, rice and avocado. Chipotle ranch on the side. 14

Loaded Shrimp Burrito
A flour tortilla filled with grilled shrimp, rice, lettuce, chipotle aioli, pico and cotija cheese. Sour cream on the side 14.5

Fajita Chicken Burrito
A flour tortilla filled with grilled chicken, fajita veggies, mixed cheese, refried beans and rice. Pico, guacamole and sour cream on the side. 15

Chorizo Hash Burrito
A flour tortilla filled with chorizo, fried potatoes, fajita veggies, cheese. Pico, guacamole and sour cream on the side. 13.5

Steak and Fries Burrito
A flour tortilla stuffed with steak, rice, refried beans, fries and mozzarella cheese. Smothered with queso dip on top. 15

Master Burrito
A flour tortilla filled with seasoned beef, Frito chips, mixed cheese, sour cream, refried beans and rice. Salsa Verde or enchilada sauce on the side. 13.5

Veggie Burrito
A flour tortilla stuffed with sautéed zucchini, squash, onions and peppers, rice, lettuce, cheese, guacamole and pico. Chipotle ranch on the side. 12.5



TACOS

All American Taco
Grilled chicken or ground beef. Lettuce, tomato and shredded cheese.

Sweet & Sassy Taco
Seasoned grilled chicken with pico and mango habanero salsa.

Chicken Tinga Taco
Shredded chicken cooked with chipotle and onions. Topped with pico and chipotle ranch.

Adobo Pork Taco
Marinated and slow cooked in adobo sauce. Topped with pickled red onions and cotija cheese.

Veggie Taco
Sautéed peppers, onions, zucchini, squash with lettuce and guacamole.

Blackened Fish Taco
Blackened tilapia, lettuce, pico, chipotle mayo and cotija cheese.

Shrimp Taco
Shrimp on lettuce, with guacamole, pico, chipotle aioli and cotija cheese. +1

Puffy Taco
Homemade puffy shell. Lettuce, ground beef, cheese and roasted tomato salsa.

Steak Pineapple Taco
Marinated steak topped with fresh pineapple habanero salsa and cotija cheese. +1

Crispy Onion Steak Taco
Marinated steak topped with, jalapeños, onion straws and chipotle ranch. +1

Philly Taco
Steak or grilled chicken with sautéed onions and peppers. Topped with queso. +1

BLT Chicken Taco
Fried chicken, lettuce, pico, bacon and chipotle ranch. +1

Two Taco Meal
pick two tacos listed below. Served with refried beans and Mexican rice and choice of tortilla (soft flour, soft corn or hard corn) 11.5

Buffalo Chicken Taco
Fried chicken tossed in buffalo sauce, lettuce, cheese and chipotle ranch. +1

Chicken and Avocado Taco
Grilled chicken on lettuce with pico de gallo, chipotle aioli, cotija cheese and fresh sliced avocado.

Bacon Jam Chicken Taco
Smoked grilled chicken, lettuce, bacon jam, salsa Verde and cotija cheese. +1

Nashville Taco
Fried chicken tossed in honey habanero glaze. Topped with lettuce, fried pickles and cotija cheese.

CHIMICHANGAS

Beef Chimi
Deep fried tortilla stuffed with beef, cheese, refried beans and rice. Served with lettuce, pico de gallo and sour cream on the side. 13

Chicken Tinga Chimi
Deep fried tortilla stuffed with shredded chicken tinga, cheese, refried beans and rice. Served with lettuce, pico de gallo and sour cream on the side. 13

Veggie Chimi
Deep fried tortilla stuffed with zucchini, squash, peppers, onions, cheese, refried beans and rice. Served with lettuce, pico de gallo and sour cream on the side. 12.5

Fajita Chicken Chimi
Deep fried tortilla stuffed with grilled chicken, fajita veggies, cheese, refried beans and rice. Served with lettuce, pico de gallo and sour cream on the side. 14.5

Steak Chimi
Deep fried tortilla stuffed with steak, cheese, refried beans and rice. Served with lettuce, pico de gallo and sour cream on the side. 15

Shrimp Chimi
Deep fried tortilla stuffed with shrimp, cheese, refried beans and rice. Served with lettuce, pico de gallo and sour cream on the side. 15

STREET TACOS

Small soft corn tortillas. Served with cilantro onion on top with limes and salsa Verde on the side

- | | |
|--|--|
| Pastor 4 | Barbacoa de Borrego (lamb barbacoa) 5 |
| Asada 4.5 | Lengua (tongue) 4.5 |
| Carnitas 4 | Tripa (tripe) 4.5 |
| Chorizo 4 | Cabeza (head) 4.5 |
| Pollo (chicken) 4 | |
| Campechanos (steak and chorizo mix) 5 | |
| grilled onions or chile toreado +1 | |



QUESADILLAS

Quesadilla

Chicken tinga, beef or chorizo. Comes with lettuce, pico, sour cream and guacamole. 13

Steak Quesadilla

Seasoned steak. Comes with lettuce, pico, sour cream and guacamole. 15

Shrimp Quesadilla

Seasoned Grilled shrimp. Comes with lettuce, pico, sour cream and guacamole. 15

Buffalo Chicken Quesadilla

Breaded fried chicken strips tossed in buffalo sauce. Comes with lettuce, pico and chipotle ranch. 13.5

Street Corn Quesadilla

Fire roasted street corn and sautéed poblano peppers. Comes with lettuce, pico, sour cream and guacamole. 14

Fajita Chicken Quesadilla

A cheesy tortilla with grilled chicken and fajita veggies. Comes with lettuce, pico, sour cream and guacamole. 14

Sample Quesadilla Plate

Four small quesadillas, one chicken tinga, one beef, one carnitas and one chorizo. Comes with lettuce, pico, sour cream and fresh guacamole. 13.5

Cheesy Quesadilla

Mozzarella and Mexican cheese. Comes with lettuce, pico, sour cream and fresh guacamole. 10.5

FAJITAS

Fajitas de Pollo (chicken)

Peppers and onions sautéed with chicken. Tortillas, lettuce, pico, sour cream and guacamole on the side. Mexican rice and refried beans. 17 add chorizo +2

Fajitas Steak or Shrimp

Peppers and onions sautéed with choice of steak or shrimp. Tortillas, lettuce, pico, sour cream and guacamole on the side. Mexican rice and refried beans. 19

Two Meat Fajita

Choose two: Chicken, steak or shrimp. Peppers and onions sautéed with choice of two meats. Tortillas, lettuce, pico, sour cream and guacamole on the side. Mexican rice and refried beans. 21

Three Meat Fajita

Peppers and onions sautéed with chicken, steak and shrimp. Tortillas, lettuce, pico, sour cream and guacamole on the side. Mexican rice and refried beans. 24

Veggie Fajita

Peppers and onions sautéed with squash and zucchini. Tortillas, lettuce, pico, sour cream and guacamole on the side. Mexican rice and refried beans. 17

Fajita Mares (ocean)

Peppers and onions sautéed with shrimp and tilapia. Tortillas, lettuce, pico, sour cream and guacamole on the side. Mexican rice and refried beans. 21

TORTAS

Bacon Jam Burger

Hand pattied ½ lb burger. Topped with lettuce, house made bacon jam, mozzarella cheese and chipotle aioli. Served on a brioche bun with a side of fries. 14

Chicken Poblano Sandwich

Grilled chicken breast, poblano pepper, and mozzarella cheese and chipotle aioli. Served on a brioche bun with a side of fries. 14

Philly Steak Torta

Steak with grilled onions, peppers, queso dip, refried beans and guacamole. Served on a Mexican torta with a side of fries. 14.5

Milanesa Torta

Chicken or steak Milanesa served with refried beans, mayo, lettuce, onions, tomatoes, avocado, jalapeño peppers. Served on a Mexican torta with a side of fries. 15

Breakfast Torta

Scrambled eggs, chorizo and refried beans. On a Mexican torta with a side of fries. 15

SEAFOOD

Mojarra Frita

Whole tilapia breaded and fried. Served with corn tortillas, Mexican rice, lettuce, tomato, avocado and fries. 16

Mojarra a la Diabla

Whole tilapia breaded, fried and tossed in spicy hot salsa. Served with corn tortillas, Mexican rice, lettuce, tomato, avocado and fries. 16.5

Mussels

Cooked in white wine and butter with onions, peppers, chorizo and garnished with cilantro. Served with seasoned fried tortillas. 16

Camarones a la Diabla

Grilled shrimp tossed in hot spicy salsa. Served with corn tortillas, Mexican rice, lettuce, tomato and sliced avocado. 14

Ceviche

Shrimp, pico and cucumber tossed in mojo sauce. Served with guacamole and tostadas. 13

ENTREES

Enchiladas

Three corn tortillas stuffed with choice of chicken tinga, beef or carnitas. Topped with homemade enchilada sauce and melted cheese. Served with Mexican rice and refried beans. 13

Lamb Quesabirria

3 barbacoa lamb quesadillas with mozzarella cheese. Served with salsa verde, cilantro onions and consomé dipping sauce. 16

Chicken and Chorizo

Chicken breast topped with chorizo and mozzarella cheese. Lettuce, pico and sour cream on the side. Served with Mexican rice and refried beans. 14

Poblano Stuffed Peppers

Two peppers stuffed with Mexican rice, chorizo or beef and topped with shredded cheese and queso. Comes with a side of Mexican street corn. 15

LA Special

Chicken breast or tilapia topped with grilled shrimp, fajita vegetables and mozzarella cheese. Lettuce, pico and sour cream on the side. Served with Mexican rice and refried beans. 15.5

Fajita Chicken Bowl

Grilled chicken and sautéed fajita vegetables on a bed of Mexican rice. Topped with pico de gallo, guacamole and sour cream. 13.5

Arroz con Pollo

Seasoned grilled chicken served on Mexican rice with pico de gallo and topped with queso. 13.5

Carne Asada

Marinated steak, fried jalapeño, lettuce, sour cream and pico with four tortillas. Served with Mexican rice and refried beans. 16.5

Birria Plate

Barbacoa lamb, lettuce, sour cream, salsa verde, cilantro onion and pico de gallo. Served with corn tortillas, Mexican rice and refried beans. 16.5

Carnitas Plate

Housemade carnitas, lettuce, sour cream, salsa Verde, cilantro onion and pico. Served with corn tortillas, Mexican rice and refried beans. 15