

After experiencing first-hand the limitations of traditional medicine in my own journey with an autoimmune disorder, fatigue, pain, neurological issues and microbiome dysfunction, I realized many others are facing similar challenges. My healing journey has provided me with a deep understanding of the complex issues that women encounter when symptoms seem overwhelming and the path to recovery feels distant.

This realization led to the creation of Renew Specialty Group, where we are dedicated to helping others overcome the same challenges I faced. Practicing alongside my husband, who is our men's health specialist, has been an added bonus, allowing us to provide comprehensive care for both women and men. Our goal is to empower our patients to take control of their health because no one should have to suffer. We believe everyone deserves the chance to live a long, healthy and happy life.

Our anti-aging and weight loss programs have recently been revamped to now include a weight loss maintenance program, which most clinics do not offer but is crucial to maintaining results. This includes a low dose of semaglutide to not only maintain weight loss but also to offer other health benefits such as lower inflammation, lower A1C, reduced cardiovascular risk, reduced cognitive decline, better glycemic control, increased metabolism and protective effects in kidney and respiratory health. We also work with patients suffering from weight loss resistance, helping them address the root cause of



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Renew Specialty Group

weight struggles and achieve their health goals.

Here at Renew, we practice proactive instead of reactive medicine. Proactive medicine typically keeps patients healthy and prevents future disease states. This is unlike reactive medicine, which often addresses direct medical problems such as diabetes, arthritis and obesity in the acute state, all of which could have been prevented with proactive and preventative care.

Renew is a medical practice that combines traditional and natural approaches to achieve

better outcomes for patients without resorting to surgery or toxic medication. Unlike the modern medical model that emphasizes high patient volumes and quick visits for financial gain, Renew is dedicated to putting patients first and delivering results. Our model focuses on natural and non-invasive, non-surgical options for patients, which significantly reduce pain levels, improve mobility and enhance quality of life.

Community involvement and philanthropy are at the heart of Renew's mission. We

actively engage with our local church and are committed to supporting communities both near and far. We proudly donate a portion of our earnings to churches in Namibia, Nicaragua, and our hometown of Mooresville. Additionally, we contribute to Convoy of Hope, which provides disaster relief, and Priority One, an organization dedicated to global education. Our efforts reflect our commitment to making a positive impact both locally and globally. ■



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