

LKNII* RECOGNIZES A WOMAN DOING EXCEPTIONAL WORK IN THE LAKE NORMAN COMMUNITY, A LEADER WHO IS PAVING THE WAY TO CHANGING OUR ATTITUDES AND INSPIRING CONFIDENCE IN THE FUTURE.



Dr. Coral Kirscher

RENEW HEALTH AND WELLNESS / LAKE NORMAN SKIN & LASER MEDICAL SPA

Dr. Coral Kirscher, DNP, FNP-C, is the Director of Functional Medicine and co-owner at Renew Health and Wellness (18805 W. Catawba Ave., Suite 100, in Cornelius) and co-founder/owner of Lake Norman Skin & Laser Medical Spa located at 18805 W. Catawba Ave. Cornelius and 3816 NC-16 BUS in Denver. Connect with Dr. Kirscher and her entire team at 704.612.0011.

on WHAT'S NEW: Our daughter Harbor Deann will turn one on March 23 and we can't wait to celebrate the big day ... she is our complete world and joy! Also, my new medical spa Lake Norman Skin & Laser is growing with our newest location now open in Denver. We are proud to offer the best in Botox, one of a kind medical weight loss, custom facials, laser hair reduction, anti-aging, hair restoration, and exosome therapy.

on BEING PROACTIVE INSTEAD OF REACTIVE: I was diagnosed with autoimmune conditions including Hashimoto's and lupus at a young age and after a lot of self-guided research, I realized my symptoms were caused by a medication I had been prescribed. Unfortunately, I did not get that knowledge from any of the doctors I was seeing at the time and was only met with adversity. That experience drives me to be an advocate for my patients. I want to make sure they feel heard and know that I'm 100 percent on their health journey with them. This continues to be the reason I remain so dedicated to my weight loss and weight management programs. People who choose to be proactive when it comes to their health and weight loss end up avoiding so many health problems as they age such as type II diabetes, high blood pressure, heart attack, and stroke. Weight management has always been a passion of mine and I love helping people achieve their goals.

on SETTING A HIGHER STANDARD: I personally specialize in weight loss and thyroid/hormone management at my and my husband's medical center Renew Health and Wellness as well as at LKN Skin & Laser. Our programs are unique, individualized, and get phenomenal results. We blend the best components of traditional medical practice along with a holistic and natural approach—all while achieving better outcomes for our patients without surgery or toxic synthetic medications. We focus on treating the underlying condition rather than just prescribing medication to treat a group of symptoms.

on FAMILY AND HOME: We are very involved in our local church, and family and friends are what we truly treasure the most. We enjoy all things outdoors and like to stay active. Hiking and our CrossFit classes are among our favorite things to do ... and of course the summertime is filled with boating and all kinds of lake fun! 🌊